

## RESOURCES

### England and Wales

***Safe Spaces*** is a free and independent support service, providing a confidential, personal, and safe space for anyone who has been abused by someone in the Church or as a result of their relationship with the Church of England, the Catholic Church in England and Wales or the Church in Wales.

Phone: 0300 303 1056

Email: [SafeSpaces@FirstLight.org.uk](mailto:SafeSpaces@FirstLight.org.uk)

Website: <https://safespacesenglandandwales.org.uk/>

If you have any safeguarding concerns, you may also contact:

Safeguarding Lead: Ms Meranda Chan

Phone: + 44 (0) 7710 716 299

Email: [meranda.chan@susc.org](mailto:meranda.chan@susc.org)

### Ireland

***Towards Healing*** is a free, confidential helpline and counselling referral service, which is a response of the Catholic Church to abuse by clergy and religious in Ireland.

Phone: 1800 303416 or 08001026172 (United Kingdom)

Email: [info@towardshealing.ie](mailto:info@towardshealing.ie)

Website: [Home - Towards Healing](#)

**Towards Peace provides spiritual support for survivors of abuse by Catholic Church personnel in Ireland.**

Phone: + 353 (0) 1 5053028

Mobile: + 353 (0) 86 7710533

Email: [towardspeace@iecon.ie](mailto:towardspeace@iecon.ie)

Website: <https://towardspeace.ie/>

If you have any safeguarding concerns, you may also contact:

Safeguarding Manager: Ms Cleo Yates

Phone: + 353 (0) 873553024

Email: [cleo.yates@susc.org](mailto:cleo.yates@susc.org)